

Clinical Mental Health Counseling (M.A.)

The educational requirements to obtain professional licensure as a counselor are met when a student obtains a master’s degree or higher in counseling or counseling related discipline from an accredited institution, as recognized by the DOE. Many states require that the degree program include specific content areas and often only approve those that have programmatic accreditation. In addition to CAU’s institutional accreditation by SACS-COC, the Clinical Mental Health Counseling program at CAU is accredited by [Council for Accreditation of Counseling and Related Educational Programs \(CACREP\)](#), 1001 North Fairfax Street, Suite 510, Alexandria, VA 22314.

Applicants must also pass national exams, such as the National Counseling Exam (NCE) or the National Clinical Mental Health Counseling Exam (NCMHCE) and complete experiential requirements. Additional licensure requirements may apply, including state-specific jurisprudence exams, applications, fees, and background checks, etc. Each state board, agency, or department has the ultimate authority and discretion to determine whether professional licensure or certification will be issued.

Below is a table that displays states where the program meets, does not meet, or CAU is unable to determine if it meets requirements. Please review the table closely to determine if the CMHC program meets the educational requirements in the state in which you reside or intend to seek licensure.

Program Contact: [Chassity Todd](#)

State/Territory	Regulatory Body	Meets	Does Not Meet	Unable to Determine
Alabama	Alabama Board of Examiners in Counseling	X		
Alaska	Alaska Board of Professional Counselors	X		
Arizona	Arizona State Board of Behavioral Health Examiners	X		
Arkansas	Arkansas Board of Examiners in Counseling and Marriage & Family Therapy	X	x	
California	California Board of Behavioral Sciences		X	
Colorado	Colorado State Board of Licensed Professional Counselor Examiners	X		
Connecticut	Connecticut Department of Health - Practitioner Licensing & Investigations Section	X		

State/Territory	Regulatory Body	Meets	Does Not Meet	Unable to Determine
Delaware	Delaware Board of Mental Health and Chemical Dependency Professionals	X		
District of Columbia (DC)	District of Columbia Board of Professional Counseling	X		
Florida	Florida Board of Clinical Social Work, Marriage & Family Therapy and Mental Health Counseling			X
Georgia	Georgia Board of Professional Counselors, Social Workers, and Marriage & Family Therapists	X		
Hawaii	Hawaii Professional & Vocational Licensing Division - Mental Health Counselor Licensing Program	X		
Idaho	Idaho Licensing Board of Professional Counselors and Marriage and Family Therapists	X		
Illinois	Illinois Professional Counselor Licensing and Disciplinary Board	X		
Indiana	Indiana Behavioral Health and Human Services Licensing Board	X		
Iowa	Iowa Board of Behavioral Science	X		
Kansas	Kansas Behavioral Sciences Regulatory Board	X		
Kentucky	Kentucky Board of Licensed Professional Counselors	X		
Louisiana	Louisiana State Board of Licensed Professional Counselors	X		
Maine	Maine Board of Counseling Professionals Licensure	X		
Maryland	Maryland Board of Professional Counselors and Therapists			X
Massachusetts	Massachusetts Board of Registration of Allied Mental Health and Human Services Professions			X
Michigan	Michigan Board of Counseling	X		
Minnesota	Minnesota Board of Behavioral Health & Therapy	X		
Mississippi	Mississippi State Board of Examiners for Licensed Professional Counselors	X		
Missouri	Missouri Committee for Professional Counselors	X		

State/Territory	Regulatory Body	Meets	Does Not Meet	Unable to Determine
Montana	Montana Board of Behavioral Health	X		
Nebraska	Nebraska Department of Health and Human Services Licensure Unit	X		
Nevada	State of Nevada Board of Examiners for Marriage and Family Therapists and Clinical Professional Counselors	X		
New Hampshire	New Hampshire Board of Mental Health Practice	X		
New Jersey	New Jersey Professional Counselor Examiners Committee	X		
New Mexico	New Mexico Counseling and Therapy Practice Board			X
New York	New York State Board for Mental Health Practitioners	X		
North Carolina	North Carolina Board of Licensed Clinical Mental Health Counselors	X		
North Dakota	North Dakota Board of Counselor Examiners	X		
Ohio	Ohio Counselor, Social Worker and Marriage and Family Therapist Board	X		
Oklahoma	Oklahoma State Board of Behavioral Health	X		
Oregon	Oregon State Board of Licensed Professional Counselors and Therapists	X		
Pennsylvania	Pennsylvania State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors	X		
Rhode Island	Rhode Island Board of Mental Health Counselors and Marriage & Family Therapists	x		
South Carolina	South Carolina Board of Examiners for Licensure of Professional Counselors, Marriage and Family Therapists, Addiction Counselors, and Psycho-Educational Specialists	X		
South Dakota	South Dakota Board of Examiners for Counselors & Marriage and Family Therapists	X		

State/Territory	Regulatory Body	Meets	Does Not Meet	Unable to Determine
Tennessee	Tennessee Board of Licensed Professional Counselors, Licensed Marital and Family Therapists and Licensed Clinical Pastoral Therapists	X		
Texas	Texas Board of Examiners of Professional Counselors	X		
Utah	Utah Clinical Mental Health Counselor Licensing Board	X		
Vermont	Vermont Board of Allied Mental Health	For Provisional license; additional coursework is required to obtain a regular license		
Virginia	Virginia Board of Counseling	X		
Washington	Washington Certified Counselors and Hypnotherapists Advisory Committee		X	
West Virginia	West Virginia Board Examiners in Counseling	X		
Wisconsin	Wisconsin Marriage and Family Therapy, Professional Counseling, and Social Work Examining Board	X		
Wyoming	Wyoming Mental Health Professions Licensing Board	X		
American Samoa	Unknown			X
Guam	Guam Board of Allied Health Examiners	X		
Northern Mariana Islands	Unknown			X
Palau	Unknown			X
Puerto Rico	Puerto Rico Board of Examiners of Professional Counselors			X
US Virgin Islands	US Virgin Islands Board of Licensed Counselors and Examiners	x		

Updated June 2024