

Clark Atlanta University

WELLNESS WEEK – SPRING 2023

March 6-10, 2023

DATE	ACTIVITY/TIME	LOCATION	NOTES
Monday March 6 th	12:00 PM – 1:00PM CHAPEL	Davage Auditorium	Spiritual Life & Engagement
DAILY	9:00 AM – 5:00 PM SOUL SPACE		Spiritual Life & Engagement
Tuesday March 7 th	11:00AM – 3:00PM CAN WE TALK?	<p>ON CAMPUS</p> <p>FRESHMAN FEMALE (1) Merner: Dr. K. Bell (2) Phiffer: Dr. M. Mitchell (3) Holmes: Drs. S Davis & C Giddings</p> <p>FRESHMAN & SOPHOMORE FEMALE (4) Suites 100 & 200: D. Smith & S. Stewart</p> <p>FRESHMAN MALE (5) Beckwith: Dr. V. Jester</p> <p>MALE & FEMALE – UPPERCLASS (6) Brawley*: Dr. G. White (7) Heritage: Drs. S. Brown & N. Currie</p> <p>OFF CAMPUS Upperclassmen & Grad Football Team* (8) 200 Edgewood: Dr. C. Bass (9) YUGO*: Dr. C. Bass</p>	<p>Faculty Support available on-site; large groups in the lounge; offer small groups as needed.</p> <p><i>*More available @ Brawley</i></p>
	3:00 PM – 6:00PM MOVIE MATINEE <i>Featuring...</i>	Davage Auditorium	Residence Life
Wednesday March 8 th	10:00A M – Noon EDUCATION FORUM <i>Stress/Grief/Trauma Psychoeducation</i>	Carl & Mary Ware	Dr. Miles to open with prayer
	SMALL GROUP BREAKOUT 1:00 PM – 3:00 PM PUPPY THERAPY AN EVENT ESTABLISHED FOR STUDENTS TO INTERACT WITH EMOTIONAL SUPPORT ANIMALS TO RELIEVE STRESS.	Panther Fit Center (Cycle Studio)	

	<p>5:00 PM – 7:00 PM PLATE SMASH <i>AN EVENT INTENDED TO PROVIDE AN OPPORUTNITY FOR STUDENTS TO RELIVE STRESS THROUGH DEMOLITION.</i></p>	<p>President's Lot <i>*Rain Location Baranco Multipurpose Room</i></p>	Residence Life
Thursday March 9 th	<p>TBD COMMUNITY SERVICE ENGAGEMENT</p>		Dr. Miles
	<p>3:00 PM – 6:00 PM R&B & Paint and Ice Cream Social <i>AN EVENT THAT ENCOURAGES STUDENTS TO RELIEVE THEIR STRESSES THROUGH ART THERAPY.</i></p>	<p><i>Baranco Multipurpose Room</i></p>	Student Engagement, Leadership Team & Residence Life
	<p>5:00 PM – 6:30 PM GOD SPEAK, YOU SPEAK HEALING THROUGH EXPRESSION</p>		Spiritual Life & Engagement
Friday March 10 th	<p>12:00 PM – 5:00 PM GAME DAY <i>AN OPEN GAME PLAY EXPERIENCE ESTABLISHED TO PROVIDE AN OUTLET FOR OUR STUDENTS DURING WELLNESS WEEK. GAMES INCLUDED: CARD GAMES, BOARD GAMES, VIDEO GAMES.</i></p>		Student Engagement, Leadership Team & Residence Life

