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PRE-ARRIVAL INFORMATION

As Clark Atlanta University continues to monitor Covid 19 in collaboration with our Atlanta University Center Consortium (AUCC) partner institutions, we remain vigilant in our efforts to maintain a low positivity rate with testing and increased booster rates. As we begin the Fall semester and a new academic year, we will require indoor masking and masks outside are optional. Clark Atlanta University and the AUCC will continue to evaluate the protocols and adjust as necessary.

Masks will be required indoors; including classrooms, labs, dining areas, residence halls, etc. Students, Faculty and Staff are asked to continue to follow the University’s guidance by:

- Taking random PCRs when selected on campus (twice monthly for fully vaccinated individuals).
- Taking the booster at the time you are eligible and uploading those results in the Student Health Portal (students) or submitting verification to Human Resources (faculty and staff). Moderna and Pfizer boosters are available and appointments can be scheduled via Medicat (https://cau.medicatconnect.com/)
- As a best practice, please carry a mask at all times. CAU continues to make masks available throughout the campus.

Pre-Arrival Testing Requirement

In order to reduce the possibility of a student arriving on campus for the Fall 2022 semester while COVID-19 positive, CAU will require the following:

- Completion of a negative PCR test (e.g., molecular or NAAT) 48 hours prior to move in (residential students) or when the student reports to the One Stop Shop for commuter students. PCR tests can be found here. Students should upload their negative test results on the Student Health Portal: My Panther Health Portal.
- Students, who test positive, must delay their arrival, notify campus personnel, adhere to isolation guidance, and submit a negative rapid antigen test result before arriving to campus.
- Students who continue to test positive after completing at least 10 days in isolation must 1) provide a note from a medical professional stating the student has completed isolation and 2) receive approval from the institution before arriving to campus.

Pre-Arrival Vaccine and Booster Requirement

CAU requires students to be up to date on their COVID-19 vaccination (i.e., primary series and, when eligible, a booster), or to have an approved medical or religious exemption. Individuals are “up to date” if they have received all recommended doses of COVID-19 vaccine for which they are eligible. This means:

- An individual who has completed a primary series and received a booster is up to date.
- An individual who has completed a primary series and is not yet eligible for a booster is up to date.
- An individual who has completed a primary series and is eligible for a booster, but has not received a booster, is not up to date.
Pre-Arrival Self-Monitoring

Individuals with COVID-19 have experienced a wide range of symptoms appearing 2-14 days after exposure to the virus and students experiencing these symptoms may have COVID-19 and must delay their campus arrival even if their test is negative:

- New/unexplained fever or chills
- New/unexplained cough
- Shortness of breath or difficulty breathing
- Unexplained fatigue
- Unexplained onset of muscle or body aches
- New/unexplained headache
- New loss of taste or smell
- New/unexplained sore throat
- Congestion or runny nose (excluding allergies)
- Unexplained nausea or vomiting
- Unexplained diarrhea
COVID-19 TESTING

COVID-19 Testing Frequency

The AUCC epidemiologist will closely monitor the incidences of COVID-19 on each campus, which may include randomized Antigen and PCR testing for vaccinated students twice a month and weekly Antigen and PCR testing for unvaccinated students. Detailed instructions will be sent out regarding the weekly and randomized testing protocol.

COVID-19 Results

Negative COVID-19 results
- A negative result suggests the virus that causes COVID-19 was not found
- Students should continue to monitor their health and/or symptoms and contact their student health team should symptoms develop

Positive COVID-19 result
- A positive result suggests the virus that causes COVID-19 was found
- Student should return to their room, and contact their campus student health team

Students completing a COVID-19 test not administered by the AUCC or CAU Student Health Services team must complete the AUCC Self-Reporting form - Clark Atlanta. The student should not report to campus if they are already off campus; however, if they are a residential student or a commuter student on campus they should report to CAU Student Health Services Team if they have:
- Received a positive COVID-19 result or
- Named as a close contact of someone who tested positive for COVID-19
- Experienced symptoms consistent with COVID-19
Isolation/Quarantine Requirements

Isolation / Quarantine (I/Q) Procedures

Isolation pertains to individuals who have tested positive for COVID-19 or have experienced symptoms consistent with COVID-19 regardless of vaccination status. The length of isolation is determined by the first date of symptoms or date of the positive test. Students who test positive must:

1. Isolate for a minimum of five days
2. If fever free and symptoms have improved, take an antigen test on Day 6
3. If results are negative, student will receive clearance to return to campus activities
4. If results are positive, student must complete 5 additional days in isolation
5. Wear a well-fitting mask around others for 10 days

Quarantine pertains to individuals who have come into close physical contact with an individual who tests positive for COVID-19. The length of quarantine will be determined by the exposure date.

Students who are:

Up to date on COVID-19 vaccines:
- Do not have to quarantine
- Must wear a KN95 for 5 days
- If no symptoms develop, take a test on day 1 and day 5
- If results are negative, student will receive clearance to return to campus activities
- Wear mask for next 10 days

Unvaccinated or not up to date:
- Quarantine for five days
- If no symptoms develop, take a test on day 1 and day 5
- If results are negative, student will receive clearance to return to campus activities
- If symptoms persist, student must get tested
- Wear a mask for next 10 days

Isolation

Students who test positive and are fully vaccinated, asymptomatic, or exhibiting mild symptoms are:

1. Encouraged to isolate at their permanent place of residence if they live within 100 miles of main campus.
2. Allowed to stay in isolation areas designated by the University depending on the availability of space.
3. As a last resort, allowed to isolate in their rooms if they meet the following criteria:
   - Up to date on vaccines
   - Asymptomatic
   - Low grade fever <101
   - Nasal congestion/runny nose
   - Sore throat
   - Mild cough
   - No high-risk health conditions
   - Must be able to always wear a KN95 mask or mask in the residence hall
Students who isolate in their rooms must **not** leave their assigned room except as directed by Student Health Services. The campus clinical team will perform wellness check-ins regularly by way of in-person/virtual visits or email - it is the responsibility of the student to check their email for updates and respond as needed.

**“Roommates of I/Q in Place Students**

Currently, individuals who have been within six feet of an infected person for a cumulative total of 15 minutes or more, over a 24-hour period are considered a close contact. Unfortunately, most are contagious two days prior to becoming symptomatic, in this case, it is likely roommates have been significantly exposed already.
Contact Tracing/Academic Support Meal Retrieval

Contact Tracing Services

Contact tracing is the process of locating those in close contact with those infected with the virus that causes COVID-19 and informing those contacted may have been exposed to the virus. Contact tracing services are conducted by certified AUCC contact tracers who will interview all students that test positive for COVID-19. Upon identification of an infected student, the AUCC contact tracing team will attempt to contact the student within 24hrs of notification to help slow the spread of COVID-19. During a contact tracing interview, the student will be asked questions about their medical history, symptoms, places visited, and individuals they’ve been in close contact with. It is the responsibility of the student to be available for the interview and to answer each question truthfully. Preventing the spread of COVID-19 ensure the campus community is safe, and activities are not interrupted. Students should know:

- Discussions with contact tracers are confidential. This means personal and medical information will be kept private and only shared with those who may need to know (e.g., student health services).
- Contact tracers will only notify individuals identified as a close contact. Name of the positive individuals is never shared with those listed as close contacts, even if they ask.
- Contact tracers may be able to connect other supportive services that can help assist while the student is in isolate or quarantine.

Academic Support

CAU is committed to providing support for all students, particularly those absent from in-person classes while in isolation/quarantine (I/Q). Student should be aware of the following:

- Upon entry into isolation/quarantine, the Associate Dean of Wellness Outreach will notify the respective instructors of the student’s absence from in-person classes
- It is the student’s responsibility to contact their professors or academic advisors for extra assistance or accommodation as needed and if feasible based on health condition to continue completing assignments on Canvas
- Test results are confidential, students are not required to disclose their COVID-19 status with their professors
- Upon being cleared from I/Q an excuse notification will be sent to the student’s professors with the student copied indicating their clearance to return to in-person classes and resume regular co-curricular activities.

Meal Retrieval

Students in isolation will have a consultation with the Student Affairs liaison to discuss their dietary needs. The Sodexo management team is informed of the dietary needs of the student, and three well-balanced meals per day (breakfast, lunch, dinner and snacks) will be prepared and delivered once a day to the student. In the isolation room, the student is provided a micro/fridge unit to ensure the refrigeration and heating of the meals.

Students in quarantine are required to retrieve meals from Crogman Dining Hall between 8:00am-9:00am (breakfast) 11:00 a.m. – 12:00p.m. (lunch) and 5:00 p.m. - 6:00 p.m. (dinner) according to the schedule. When retrieving meals students should limit their contact with others, wear a KN95 mask, and immediately return to their room.
Students in I/Quarantine:

- Should disinfect high touch surfaces as often as possible
- NOT go off campus to pick up food or shop for groceries
- Can have family members or friends drop off items, but should not come inside their room, nor should the individual meet them outside
WELLBEING/CAMPUS ALERTS

Wellbeing

It’s natural to feel stress, anxiety, and worry during the COVID-19 pandemic. Below are a few strategies to help manage those feeling while in I/Q.

- **Make time to unwind.** Try some new activities or hobbies to ease your mind.
- **Connect with others.** Talk with people you trust about your concerns and how you are feeling.
- **Connect with your community- or faith-based organizations.** While isolating, try connecting online, through social media, or by phone or text.
- **Students are welcome to contact** the Office of Counseling and Disability Services, Dr. Vickie Jester, Director, viester@cau.edu, 404-880-8044 or the Office of Religious Life, Rev. Dr. Tonya Miles, tmiles@cau.edu, 404-880-8041 for emotional or spiritual support.

COVID-19 Campus Alert System

As part of AUCC commitment to the health and safety of our community, we are always searching for new opportunities to provide accurate and timely updates on the presence of COVID-19 within our community. As such, we implemented the AUCC-Wide COVID-19 Campus Alert System. The Alerts are grouped into 4 color categories indicating the condition of the campus and strategies required to keep our community safe. Those strategies include masking, testing, event size, and visitors. The colors will be displayed as you enter the campus, on the screens and monitors around campus, and on your campus home page. The AUCC epidemiologist will review campus, community, and hospitalization data weekly to determine the campus level and notified the community when the alert changes.

FAQs for roommates of (I/Q) in place:

**If I am COVID-19 negative and my roommate is isolating, do I need to isolate or quarantine? What activity can I still do?**
If you are up to date on your vaccination (both primary series and booster), you do not need to quarantine. However, you may attend class, but must always wear KN95 mask and get an antigen test on day 1 and day 5. Students who are unvaccinated or eligible for the COVID booster but have not yet received it must quarantine for 5 days and get an antigen test on day 1 and day 5.

**What should I do if I am immunocompromised or at high risk for complications of COVID-19 due to a medical condition, and my roommate tests positive?**
If you are at high risk for infection or complications of COVID, speak to the student health team. Based on specific criteria, your positive roommate may be eligible to isolate or quarantine in (I/Q) designated housing.

**How do I decrease my risk of getting COVID if I am negative and those around me are positive?**
Always wear a well-fitted mask except when you are in the shower, brushing your teeth, or eating. Use hand sanitizer often and wipe down high-touch areas in your room as often as possible. Increase ventilation in your room by bringing fresh outdoor air to help keep virus particles from accumulating inside. For additional resources, review Environmental Protection Agency website.
For additional COVID-19 related questions, please email AUCC epidemiologist [here](mailto:AUCC.epidemiologist@aucc.edu).