CAU/AUCC COVID-19 STUDENT GUIDE
Expectations, Testing, Isolation, Quarantine, Contact Tracing
FALL SEMESTER – 2022 (Revised August 23, 2022)
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COVID-19 Testing Frequency

The AUCC epidemiologist will closely monitor the incidences of COVID-19 on each campus, which may include randomized Antigen and PCR testing for vaccinated students twice a month and weekly Antigen and PCR testing for unvaccinated students. Detailed instructions will be sent out regarding the weekly and randomized testing protocol.

COVID-19 Results

Negative COVID-19 results

- A negative result suggests the virus that causes COVID-19 was not found
- Students should continue to monitor their health and/or symptoms and contact their student health team should symptoms develop

Positive COVID-19 result

- A positive result suggests the virus that causes COVID-19 was found
- Student should return to their room, and contact their campus student health team

Students completing a COVID-19 test not administered by the AUCC or CAU Student Health Services team must complete the AUCC Self- Reporting form - Clark Atlanta. The student should not report to campus if they are already off campus; however, if they are a residential student or a commuter student on campus they should report to CAU Student Health Services Team if they have:
  - Received a positive COVID-19 result or
  - Named as a close contact of someone who tested positive for COVID-19
  - Experienced symptoms consistent with COVID-19
Isolation / Quarantine (I/Q) Procedures

Isolation pertains to individuals who have tested positive for COVID-19 or have experienced symptoms consistent with COVID-19 regardless of vaccination status. The length of isolation is determined by the first date of symptoms or date of the positive test. Students who test positive must:

1. Isolate for a minimum of five days
2. If fever free and symptoms have improved, take an antigen test on Day 6
3. If results are negative, student will receive clearance to return to campus activities
4. If results are positive, student must complete 5 additional days in isolation
5. Wear a well-fitting mask around others for 10 days

Quarantine pertains to individuals who have come into close physical contact with an individual who tests positive for COVID-19. The length of quarantine will be determined by the exposure date.

Students who are:

**Up to date on COVID-19 vaccines:**
- Do not have to quarantine
- Must wear a KN95 for 5 days
- If no symptoms develop, take a test on day 1 and day 5
- If results are negative, student will receive clearance to return to campus activities
- Wear **mask** for next 10 days

**Unvaccinated or not up to date:**
- Quarantine for five days
- If no symptoms develop, take a test on day 1 and day 5
- If results are negative, student will receive clearance to return to campus activities
- If symptoms persist, student must get tested
- Wear a **mask** for next 10 days

Isolation

Students, who test positive and are fully vaccinated, asymptomatic, or exhibiting mild symptoms are:

1. Encouraged to isolate at their permanent place of residence if they live within 100 miles of main campus.
2. Allowed to stay in isolation areas designated by the University depending on the availability of space.
3. As a last resort, allowed to isolate in their rooms if they meet the following criteria:
   - Up to date on vaccines
   - Asymptomatic
   - Low grade fever <101
   - Nasal congestion/runny nose
   - Sore throat
   - Mild cough
   - No high-risk health conditions
   - Must be able to always wear a KN95 mask or mask in the residence hall
Students who isolate in their rooms must **not** leave their assigned room except as directed by Student Health Services. The campus clinical team will perform wellness check-ins regularly by way of in-person/virtual visits or email - it is the responsibility of the student to check their email for updates and respond as needed.

**“Roommates of I/Q in Place Students**

Currently, individuals who have been within six feet of an infected person for a cumulative total of 15 minutes or more, over a 24-hour period are considered a close contact. Unfortunately, most are contagious two days prior to becoming symptomatic, in this case, it is likely roommates have been significantly exposed already.
Contact Tracing/Academic Support/ Meal Retrieval

Contact Tracing Services

Contact tracing is the process of locating those in close contact with those infected with the virus that causes COVID-19 and informing those contacted may have been exposed to the virus. Certified AUCC contact tracers who will interview all students that test positive for COVID-19 conduct contact tracing services. Upon identification of an infected student, the AUCC contact tracing team will attempt to contact the student within 24hrs of notification to help slow the spread of COVID-19. During a contact-tracing interview, the student will be asked questions about their medical history, symptoms, places visited, and individuals they have been in close contact with. It is the responsibility of the student to be available for the interview and to answer each question truthfully. Preventing the spread of COVID-19 ensure the campus community is safe and activities are not interrupted. Students should know:

- Discussions with contact tracers are confidential. This means personal and medical information will be kept private and only shared with those who may need to know (e.g., student health services).
- Contact tracers will only notify individuals identified as a close contact. Name of the positive individuals is never shared with those listed as close contacts, even if they ask.
- Contact tracers may be able to connect other supportive services that can help assist while the student is in isolate or quarantine.

Academic Support

CAU is committed to providing support for all students, particularly those absent from in-person classes while in isolation/quarantine (I/Q). Student should be aware of the following:

- Upon entry into isolation/quarantine, the Associate Dean of Wellness Outreach will notify the respective instructors of the student’s absence from in-person classes.
- It is the student’s responsibility to contact their professors or academic advisors for extra assistance or accommodation as needed and if feasible based on health condition to continue completing assignments on Canvas.
- Test results are confidential; students are not required to disclose their COVID-19 status with their professors.
- Upon being cleared from I/Q an excuse notification will be sent to the student’s professors with the student copied indicating their clearance to return to in-person classes and resume regular co-curricular activities.

Meal Retrieval

Students in isolation will have a consultation with the Student Affairs liaison to discuss their dietary needs. The Sodexo management team is informed of the dietary needs of the student, and three well-balanced meals per day (breakfast, lunch, dinner and snacks) will be prepared and delivered once a day to the student. In the isolation room, the student is provided a micro/fridge unit to ensure the refrigeration and heating of the meals.

Students in quarantine are required to retrieve their meals for the service day from Crogman Dining Hall each day, Sunday-Saturday @ 11:30 AM. When retrieving meals students should limit their contact with others, wear a KN95 mask, and immediately return to their room.
Students in Isolation/Quarantine:

- Should disinfect high touch surfaces as often as possible
- NOT go off campus to pick up food or shop for groceries
- Can have family members or friends drop off items, but should not come inside their room, nor should the individual meet them outside
WELLBEING/CAMPUS ALERTS

Wellbeing
It is natural to feel stress, anxiety, and worry during the COVID-19 pandemic. Below are a few strategies to help manage those feeling while in I/Q.

- **Make time to unwind.** Try some new activities or hobbies to ease your mind.
- **Connect with others.** Talk with people you trust about your concerns and how you are feeling.
- **Connect with your community- or faith-based organizations.** While isolating, try connecting online, through social media, or by phone or text.
- **Students are welcome to contact** the Office of Counseling and Disability Services, Dr. Vickie Jester, Director, viester@cau.edu, 404-880-8044 or the Office of Religious Life, Rev. Dr. Tonya Miles, tmiles@cau.edu, 404-880-8041 for emotional or spiritual support.

COVID-19 Campus Alert System
As part of AUCC commitment to the health and safety of our community, we are always searching for new opportunities to provide accurate and timely updates on the presence of COVID-19 within our community. As such, we implemented the AUCC-Wide COVID-19 Campus Alert System. The Alerts are grouped into 4 color categories indicating the condition of the campus and strategies required to keep our community safe. Those strategies include masking, testing, event size, and visitors. The colors will be displayed as you enter the campus, on the screens and monitors around campus, and on your campus home page. The AUCC epidemiologist will review campus, community, and hospitalization data weekly to determine the campus level and notified the community when the alert changes.

FAQs for roommates of (I/Q) in place:

**If I am COVID-19 negative and my roommate is isolating, do I need to isolate or quarantine? What activity can I still do?**
If you are up to date on your vaccination (both primary series and booster), you do not need to quarantine. However, you may attend class, but must always wear KN95 mask and get an antigen test on day 1 and day 5. Students, who are unvaccinated or eligible for the COVID booster but have not yet received it must quarantine for 5 days and get an antigen test on day 1 and day 5.

**What should I do if I am immunocompromised or at high risk for complications of COVID-19 due to a medical condition, and my roommate tests positive?**
If you are at high risk for infection or complications of COVID, speak to the student health team. Based on specific criteria, your positive roommate may be eligible to isolate or quarantine in (I/Q) designated housing.

**How do I decrease my risk of getting COVID if I am negative and those around me are positive?**
Always wear a well-fitted mask except when you are in the shower, brushing your teeth, or eating. Use hand sanitizer often and wipe down high-touch areas in your room as often as possible. Increase ventilation in your room by bringing fresh outdoor air to help keep virus particles from accumulating inside. For additional resources, review Environmental Protection Agency website.
AUCC HEATH & SAFETY RESOURCES

For additional COVID-19 related questions, please email AUCC epidemiologist here.

AUCC STUDENT HEALTH & WELLNESS CENTER
Tel: (404) 756-1241

AUCC BEHAVIORAL HEALTH SERVICES
Ph: (404) 756-1241

AUCC STUDENT HEALTH & WELLNESS CENTER
AFTER HOURS LINE
Tel: (404) 756-1241
After 5pm

AUCC PUBLIC SAFETY
CAU: (404) 880-8623
MOREHOUSE: (404) 215-2666
SPELMAN: (404) 525-6401

GEORGIA CRISIS & ACCESS LINE
Tel: 1 (800) 715-4225

MEDICAL OR LIFE-THREATENING EMERGENCIES
DIAL 911