CAU CHEERLEADERS

ANNOUNCING

FALL CHEERLEADING TRYOUTS 2010

AUGUST 25TH AND 26TH
5:00 PM – 8:00 PM

VIVIAN WILSON HENDERSON CENTER
650 FAIR ST
(GYMNASIUM)

THERE WILL BE A $20.00 REGISTRATION FEE (CASH ONLY)
REGISTRATION BEGINS @ 4:15PM ON AUGUST 25TH
PLEASE BE PROMPT

YOU MUST BE A FULL TIME STUDENT AT CAU IN ORDER TO TRYOUT……NO EXCEPTIONS!!!!

QUALIFICATIONS

FEMALES ONLY
PREVIOUS CHEERLEADING EXPERIENCE PREFERRED
STUNTING SKILLS REQUIRED
SHARP MOTIONS AND PLACEMENT
EXCELLENT DANCER
REQUIRED JUMPS- toe touch, double-toe touch, pike, front/side hurdler
TUMBLING SKILLS REQUIRED – standing backhand/ running backhand spring
DEDICATION

A SPORTS PHYSICAL IS REQUIRED TO TRYOUT FOR PARTICIPANTS

ATTIRE:

1st DAY: White T-shirt, black or grey shorts, athletic or previous cheer shoes & white ankle socks. (No biker shorts, tights or warm-up pants will not be allowed).

2nd Day: CAU paraphernalia T-shirt, black or grey shorts, athletic or cheer shoes & white ankle socks. (No biker shorts, tights or warm-up pants allowed).

MS. VALERIE JORDAN AND MS. RHONDA BAUGHN, COACHES
FOR MORE INFO, PLEASE CALL 404-880-8930